

# AUGUST ATHLON

## HOW MANY WAYS CAN YOU GET MOVING?

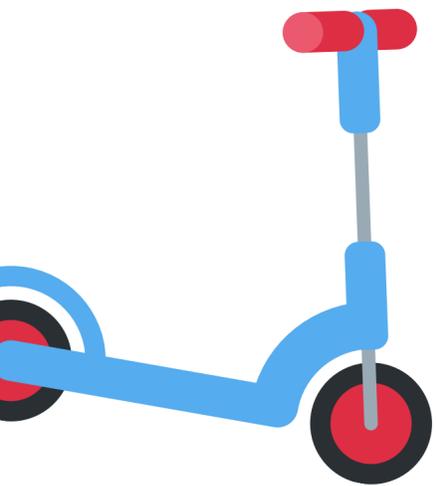


### THE CHALLENGE

Get moving this August to clock up 26.2 miles (or as many as you can/want to!).

That's 1.2 miles a day, every day or five or six longer walks:

- ≈ 55,000 steps
- = 24 walks from Toton's Top Park to Bottom Park
- = 18 laps of Long Eaton's West Park
- = 1.3 laps of the Edale Skyline



### GET CREATIVE

Pick your favourite way to get moving - walking, running, scootering, cycling, skateboarding, rollerblading/skating!

Those of you who love watersports, try seeing how far you can swim, canoe or kayak!

There will be a prize for the MOST UNUSUAL mode of movement in each section - be sure to post a photo/video in our FB group to be in it to win it!

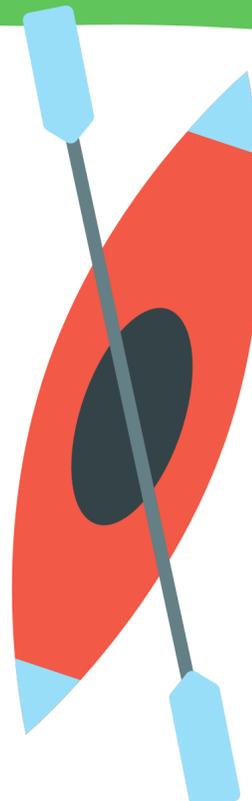
Keep a log of your trips including how far you travelled, what you saw and who you do them with.

Get your friends and family to sponsor you to raise money for 2nd Toton Scout Group.

Share your summer adventures and achievements on the group's Facebook page and keep in touch over the holidays at the same time.

Use **#2ndTotonAugAthlon** to tag your photos/videos.

<https://www.facebook.com/2ndTotonScouts/>



# AUGUST ATHLON

## HOW MANY WAYS CAN YOU GET MOVING?

Scouts  
2nd Toton

BEAVERS

cubs

SCOUTS

At 2nd Toton, we endeavour to raise funds for our sections to allow our Young People to continue the adventures and challenges that teach them essential skills for life.

We are hoping that all Beavers, Cubs & Scouts and their parents and leaders will join in this fun and raise funds for Scouting.

We have suggested a target of 26.2 miles for August, however please choose a target that you feel is achievable.

### How will this work?

- ▶ 100% of funds raised will go directly to 2nd Toton Scout Group, thus having a direct impact on the young people's Scouting experience.
- ▶ *Online Sponsorship (all proceeds paid direct into the group's bank account, GiftAid handled too):*
  - Donations can be made online to our Group's LocalGiving page - check OSM for the updated link
  - Or, you could set up your own fundraising page on <https://localgiving.org/> - set up an account and then create a fundraising page which will give you your own link to share - just make sure to say you're raising money for "2nd Toton Scout Group" so the right charity is identified!

### ▶ Paper Sponsorship Form:

- A Sponsorship Form is provided on the back of this sheet.
- Sponsors can either sponsor per mile or make a lump sum donation.
- If sponsors give their full name and home address (inc postcode) and "tick" the Gift Aid column on the form, the group can claim a further 25p from the Government for each £1 they give in Sponsorship - provided they pay UK income tax
- All cash sponsorship proceeds should be passed directly to section leaders by the end of September 2022.

All young people should be supervised as appropriate to their age. We have provided a miles log sheet and nature scavenger sheet to keep track of your adventures.

This is a great opportunity to count up those miles in August during the summer holidays, and we hope you will support this important fundraising initiative which will ultimately benefit your child in our Scout Group.

Thanks in advance for your wholehearted support!

2nd Toton Scout Group Executive Committee

